

# NORTH CANTON YMCA GYMNASTICS CENTER 2024-25 SCHOOL YEAR PROGRAMS

## Schedule

August 26, 2024-May 24, 2025

All classes held at  
Gymnastics Center,  
7241 Whipple NW, 44720

## Pricing

- 30 minute class: Members: \$45/mo., Non-Members: \$61/mo.
- 40 minute class: Members: \$55/mo., Non-Members: \$81/mo.
- 55 minute class: Members: \$60/mo., Non-Members: \$85/mo.

### Pricing for Saturday Classes. Prorated for Gym Center special events.

- 30 minute class: Members: \$38/mo., Non-Members: \$51/mo.
- 40 minute class: Members: \$46/mo., Non-Members: \$68/mo.
- 55 minute class: Members: \$50/mo., Non-Members: \$70/mo.

Pending staff availability, we will be opening the following classes. Registrations can be done online at [ymcastark.org](http://ymcastark.org) or by calling the Gymnastics Center at 330-498-4082 with any questions.

## GYMNASTICS

Classes held at Gymnastics Center, 7241 Whipple NW, 44720

| Preschool Gymnastics   | Age               | Monday                     | Tuesday   | Wednesday   | Thursday   | Friday           | Saturday                                |
|--|-------------------|----------------------------|---|---|--|------------------|---|
| <b>Just Beginning</b><br>30 min.   | Walking to 2 yrs. | 10:30am                    |   |   | 9:45am   | 6:10pm           | 8:10am                                  |
| <b>Gym Buddies</b><br>40 min.  | 2 yrs.-3yrs.      | 9:45am                     | 10:30am   | 9:45am  | 11:15am  | 6:45pm           | 8:45am                                  |
| <b>3 Year Olds</b><br>40 min.  | 3                 | 9:45am<br>4:30pm<br>6:00pm | 9:45am<br>10:30am<br>12:30pm<br>5:15pm                    | 9:45am<br>4:30pm  | 9:45am<br>10:30am<br>11:15am<br>5:30pm                     | 4:30pm<br>5:15pm | 10:25am<br>11:10am<br>11:55am           |
| <b>4 Year Olds</b><br>40 min.  | 4                 | 10:30am                    | 9:45am<br>12:30pm<br>4:30pm<br>5:15pm<br>6:00pm<br>6:45pm | 10:30am<br>5:15pm   | 9:45am<br>10:30am<br>11:15am<br>5:30pm<br>6:15pm<br>7:00pm | 4:30pm<br>5:15pm | 9:40am<br>11:10am<br>11:55am            |
| <b>5 Year Olds</b><br>40 min.  | 5                 | 5:15pm                     | 9:45am<br>10:30am<br>4:30pm<br>6:00pm<br>6:45pm           | 10:30am<br>4:30pm<br>5:15pm   | 10:30am<br>6:15pm<br>7:00pm                                | 4:30pm<br>5:15pm | 9:40am<br>10:25am<br>11:10am<br>11:55am |
| <b>Toddler Open Gym</b><br>With parent. 1 hour. \$5 for Members, \$10 Non-Members. | Walking to 5 yrs. | 11:15am                    | 11:15am   | Punch cards available.<br>Members: \$50 for 11 visits.<br>Non-Members: \$50 for 6 visits. |  |                  |   |

| Boys Gymnastics                  | Age | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------------------------|-----|--------|---------|-----------|----------|--------|----------|
| <b>Boys 5 &amp; 6</b><br>40 min. | 5-6 |        | 5:30pm  | 5:35pm    | 6:15pm   | 5:15pm | 9:40am   |
| <b>Boys 1</b><br>40 min.         | 7+  |        | 6:15pm  | 6:20pm    | 5:30pm   | 4:30pm |          |
| <b>Boys 2/3</b><br>55 min.       | 7+  |        | 5:30pm  |           |          |        |          |

| Girls Gymnastics  | Age | Monday                     | Tuesday                    | Wednesday                  | Thursday                   | Friday | Saturday                     |
|---|-----|----------------------------|----------------------------|----------------------------|----------------------------|--------|------------------------------|
| <b>Comets</b> 55 min. 2 x week<br>Coach recommendation only | 4-7 |                            | 4:30pm                     |                            |                            |        | 12:10pm                      |
| <b>Girls 1</b><br>55 min.                                   | 6+  | 4:30pm<br>5:30pm<br>6:30pm | 4:30pm<br>5:30pm<br>6:30pm | 4:30pm<br>5:30pm           | 4:30pm<br>5:30pm<br>6:30pm |        | 9:40am<br>10:40am<br>11:40am |
| <b>Girls 2</b><br>55 min.                                   | 6+  | 4:30pm<br>5:30pm<br>6:30pm | 5:30pm<br>6:30pm           | 4:30pm<br>5:30pm<br>6:30pm | 4:30pm<br>5:30pm<br>6:30pm |        | 9:40am<br>10:40am<br>11:40am |
| <b>Girls 3</b><br>55 min.                                   | 6+  | 4:30pm<br>5:30pm           | 5:30pm<br>6:30pm           | 5:30pm<br>6:30pm           | 4:30pm<br>5:30pm<br>6:30pm | 4:30pm | 9:40am<br>10:40am<br>11:40am |
| <b>Girls 4</b><br>55 min.                                   | 6+  | 4:30pm                     | 5:30pm                     |                            | 4:30pm<br>5:30pm<br>6:30pm |        | 9:40am<br>11:10am            |
| <b>Girls 5</b><br>55 min.                                   | 6+  | 5:30pm                     |                            | 4:30pm                     | 6:30pm                     |        | 11:40am                      |
| <b>Rec Squad</b><br>55 min.                                 | 11+ |                            | 6:30pm                     |                            |                            |        | 10:40am                      |

| Skills Gymnastics                        | Age | Monday           | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|-----|------------------|---------|-----------|----------|--------|----------|
| <b>Tumbling Girls 1/2</b><br>40 min.     | 6+  | 5:15pm           |         |           | 7:00pm   | 4:30pm |          |
| <b>Tumbling Girls 3/4</b><br>40 min.     | 6+  | 6:45pm           |         |           | 4:30pm   | 5:15pm |          |
| <b>Tumbling Girls 5/PT</b><br>40 min.    | 6+  |                  |         |           |          | 4:30pm |          |
| <b>Back Handspring</b><br>30 min.        | 6+  |                  |         |           |          | 5:15pm |          |
| <b>Bar Skills</b><br>Girls only: 30 min. | 6+  |                  |         | 6:00pm    |          | 5:30pm |          |
| <b>Rec Tumbling</b><br>55 min.           | 11+ | 6:45pm           |         |           |          |        |          |
| <b>Dudes that Flip</b><br>40 min.        | 7+  | 4:30pm<br>6:00pm |         |           |          |        |          |
| <b>Advanced Tumbling</b><br>40 min.      | 6+  | 6:45pm           |         |           |          |        |          |

| Team Gymnastics                               | Price   | Monday | Tuesday       | Wednesday     | Thursday      | Friday        | Saturday      |
|---|---|--------|---------------|---------------|---------------|---------------|---------------|
| <b>Boys Pre-Team</b><br>90 min. 2 x per week  | Members:<br>\$96/mo.<br>Participants:<br>\$128/mo.        |        |               | 4:00pm-5:30pm |               | 4:00pm-5:30pm |               |
| <b>Girls Pre-Team</b><br>90 min. 2 x per week | Members:<br>\$96/mo.<br>Participants:<br>\$128/mo.        |        | 4:00pm-5:30pm |               | 4:00pm-5:30pm |               |               |
| <b>Rec Team</b><br>3 hrs., 1 x per week       | Members:<br>\$96/mo.<br>Participants:<br>\$128/mo.        |        |               |               |               |               | 1:00pm-4:00pm |
| <b>Competitive Team</b><br>Levels 2-10 & Xcel | Call the Gymnastics Office for program pricing & details. |        |               |               |               |               |               |

## YOGA

Classes held at Gymnastics Center, 7241 Whipple NW, 44720

|                                     | Age  | Member | Program Participants | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------------------------------|------|--------|----------------------|--------|---------|-----------|----------|--------|----------|
| <b>Mom &amp; Me Yoga</b><br>30 min. | 3-18 | \$38   | \$51                 |        |         |           |          |        | 12:00pm  |
| <b>Youth Yoga</b><br>40 min.        | 6+   | \$55   | \$81                 |        |         |           | 4:30pm   |        |          |

# DANCE

Classes held at Gymnastics Center, 7241 Whipple NW, 44720

|   | Age | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|-----|--------|---------|-----------|----------|--------|----------|
| <b>Dance Buddies</b><br>30 min.   | 1-2 |        | 9:30am  |           |          |        | 8:30am   |
| <b>Preschool Ballet</b><br>40 min.  | 3-5 | 5:15pm |         | 9:30am    | 5:15pm   | 5:15pm | 9:15am   |
| <b>Preschool Gym/Dance combo</b><br>55 min.   | 3-5 |        | 10:15am | 10:15am   |          | 4:15pm | 10:00am  |
| <b>Preschool Jazz</b><br>40 min.  | 3-5 |        | 11:15am |           |          |        |          |
| <b>Preschool Tap</b><br>40 min.   | 3-5 | 4:30pm |         |           |          |        |          |
| <b>Preschool Hip Hop</b><br>40 min.   | 3-5 |        | 4:30pm  |           |          |        |          |
| <b>Tap</b><br>40 min.   | 6+  | 6:00pm |         |           |          |        |          |
| <b>Jazz</b><br>40 min.  | 6+  |        |         |           |          | 6:00pm |          |
| <b>Ballet 1</b> (Beginner)<br>40 min.   | 6+  | 6:45pm |         |           |          |        | 11:00am  |
| <b>Ballet 2</b> (Intermediate)<br>55 min.   | 6+  |        |         | 6:00pm    |          |        |          |
| <b>Ballet 3</b> (Advanced)<br>55 min.   | 6+  |        |         |           | 6:45pm   |        |          |
| <b>Youth Lyrical</b><br>40 min.   | 6+  |        |         | 4:30pm    |          |        |          |
| <b>Hip Hop 1</b> (Beginner)<br>40 min.  | 6+  |        | 5:15pm  |           |          |        |          |
| <b>Hip Hop 2</b> (Intermediate)<br>40 min.  | 6+  |        | 6:00pm  |           |          |        |          |
| <b>Hip Hop Dance Party</b><br>40 min. Pay per class.<br>Members: \$5, Non-Members: \$10 | 6+  |        | 6:45pm  |           |          |        |          |

# ACRO

Classes held at Gymnastics Center, 7241 Whipple NW, 44720

|                              | Age | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------------------------------|-----|--------|---------|-----------|----------|--------|----------|
| <b>Youth Acro</b><br>40 min. | 6+  |        |         |           |          | 6:45pm |          |

# ADULT CLASSES

Classes held at Gymnastics Center, 7241 Whipple NW, 44720

|                                  | Age | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------------------------|-----|--------|---------|-----------|----------|--------|----------|
| <b>Beginner Dance</b><br>55 min. | 18+ |        |         | 7:00pm    |          |        |          |