



North Canton YMCA Child Development Center

CACFP Menu for Children: Week of June 2-6

*The following major food allergens are used as ingredients: Milk, Egg, Fish, Wheat, Soy, and Sesame. Please speak to one of our staff for more information about these ingredients.

| Menu | Component | Ages 1-2 | Ages 3-5 | Ages 6-18 | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------|----------------------|------------|------------|-----------|---------------------------|-----------------------------------|-----------------------------|----------------------|----------------------|
| AM Snack** | Milk | 1/2 cup | 1/2 cup | 1 cup | Milk | Milk | Milk | Milk | Milk |
| | Meat/Meat Alternates | 1/2 oz | 1/2 oz | 1 oz | | | Strawberry Banana Yogurt | | |
| | Vegetable | 1/2 cup | 1/2 cup | 3/4 cup | | | | | |
| | Fruit | 1/2 cup | 1/2 cup | 3/4 cup | | | | | |
| | Grain | 1/2 oz eq2 | 1/2 oz eq2 | 1 oz eq2 | Cold Cereal | Cold Cereal | Cold Cereal | Cold Cereal | Cold Cereal |
| Lunch | Milk | 1/2 cup | 3/4 cup | 1 cup | Milk | Milk | Milk | Milk | Milk |
| | Meat/Meat Alternates | 1 oz | 1.5 oz | 2 oz | Chicken & Noodles | Turkey Hotdog | Taco Cheese | BBQ Meatballs | Corn Dog |
| | Vegetable | 1/8 cup | 1/4 cup | 1/2 cup | Peas | Baked Beans | Corn | Sliced Carrots | Mixed Vegetables |
| | Fruit | 1/8 cup | 1/4 cup | 1/4 cup | Pineapple Tidbits | Diced Peaches | Tropical Fruit | Applesauce | Mixed Fruit |
| | Grain | 1/2 oz eq2 | 1/2 oz eq2 | 1 oz eq2 | WG Penne Pasta | WG Hotdog Bun | WG Tortilla Wrap | WG Bread & Butter | WG Corn Bread |
| PM Snack** | Milk | 1/2 cup | 1/2 cup | 1 cup | | | | | |
| | Meat/Meat Alternates | 1/2 oz | 1/2 oz | 1 oz | | | | String Cheese | |
| | Vegetable | 1/2 cup | 1/2 cup | 3/4 cup | | | | | |
| | Fruit | 1/2 cup | 1/2 cup | 3/4 cup | 100% White Grape Juice | 100% Raspberry Orange Juice | 100% Fruit Punch Juice | | 100% Cherry Juice |
| | Grain | 1/2 oz eq2 | 1/2 oz eq2 | 1 oz eq2 | Cheddar Chex Mix | Bagel w/Butter & Jelly | Pretzels*12mos crackers | Club Crackers | Cheez It's |

This institution is an equal opportunity provider. Select 2 of the 5 components for snack. Cereal, 24mos & under Cheerios, Rice Krispies, Cinnamon Toast, Rice Chex, & Kix. Cereal 36mos & older Cheerios, Rice Krispies, Cinnamon Toast, Rice Chex, Kix, & Corn Flakes. Meat & Meat Alternates may be used to substitute, the entire grains component a maximum of 3 times per week. Oz eq =ounces equivalent.



North Canton YMCA Child Development Center

CACFP Menu for Children: Week of June 9-13

*The following major food allergens are used as ingredients: Milk, Egg, Fish, Wheat, Soy, and Sesame. Please speak to one of our staff for more information about these ingredients.

| Menu | Component | Ages 1-2 | Ages 3-5 | Ages 6-18 | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------|----------------------|------------|------------|-----------|----------------------|----------------------------|--------------------------|-------------------|------------------------|
| AM Snack** | Milk | 1/2 cup | 1/2 cup | 1 cup | Milk | Milk | Milk | Milk | Milk |
| | Meat/Meat Alternates | 1/2 oz | 1/2 oz | 1 oz | | | Strawberry Banana Yogurt | | |
| | Vegetable | 1/2 cup | 1/2 cup | 3/4 cup | | | | | |
| | Fruit | 1/2 cup | 1/2 cup | 3/4 cup | | | | | |
| | Grain | 1/2 oz eq2 | 1/2 oz eq2 | 1 oz eq2 | Cold Cereal | Cold Cereal | | Cold Cereal | Cold Cereal |
| Lunch | Milk | 1/2 cup | 3/4 cup | 1 cup | Milk | Milk | Milk | Milk | Milk |
| | Meat/Meat Alternates | 1 oz | 1.5 oz | 2 oz | Sloppy Joes | Turkey Sausage & Egg Patty | Meatball Sub | Hamburger | Chicken Alfredo |
| | Vegetable | 1/8 cup | 1/4 cup | 1/2 cup | Corn | Green Beans | Peas | Baked Beans | Mixed Vegetables |
| | Fruit | 1/8 cup | 1/4 cup | 1/4 cup | Applesauce | Diced Peaches | Pineapple Tidbits | Tropical Fruit | Mixed Fruit |
| | Grain | 1/2 oz eq2 | 1/2 oz eq2 | 1 oz eq2 | WG Hamburger Bun | WG Biscuit & Butter | WG Hotdog Bun | WG Hamburger Bun | WG Penne Pasta |
| PM Snack** | Milk | 1/2 cup | 1/2 cup | 1 cup | | | | | |
| | Meat/Meat Alternates | 1/2 oz | 1/2 oz | 1 oz | | | | | |
| | Vegetable | 1/2 cup | 1/2 cup | 3/4 cup | | | | | |
| | Fruit | 1/2 cup | 1/2 cup | 3/4 cup | 100% Tangerine Juice | 100% Cherry Juice | 100% Peach Mango Juice | 100% Apple Juice | 100% Fruit Punch Juice |
| | Grain | 1/2 oz eq2 | 1/2 oz eq2 | 1 oz eq2 | Goldfish | Carmel Mini Rice Cakes | Cheeze It's | Blueberry Muffins | Strawberry Chex Mix |

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North Canton YMCA Child Development Center

CACFP Menu for Children: Week of June 16-20

*The following major food allergens are used as ingredients: Milk, Egg, Fish, Wheat, Soy, and Sesame. Please speak to one of our staff for more information about these ingredients.

| Menu | Component | Ages 1-2 | Ages 3-5 | Ages 6-18 | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------|----------------------|------------|------------|-----------|------------------------|--------------------------|-------------------|--------------------------|---------------------|
| AM Snack** | Milk | 1/2 cup | 1/2 cup | 1 cup | Milk | Milk | Milk | Milk | Milk |
| | Meat/Meat Alternates | 1/2 oz | 1/2 oz | 1 oz | | | Strawberry Yogurt | | |
| | Vegetable | 1/2 cup | 1/2 cup | 3/4 cup | | | | | |
| | Fruit | 1/2 cup | 1/2 cup | 3/4 cup | | | | | |
| | Grain | 1/2 oz eq2 | 1/2 oz eq2 | 1 oz eq2 | Cold Cereal | Cold Cereal | | Cold Cereal | Cold Cereal |
| Lunch | Milk | 1/2 cup | 3/4 cup | 1 cup | Milk | Milk | Milk | Milk | Milk |
| | Meat/Meat Alternates | 1 oz | 1.5 oz | 2 oz | Sweet & Sour Meatballs | Chicken Parmesan | Salisbury Steak | Chicken Quesadilla Pizza | Meat Sauce w/ Pasta |
| | Vegetable | 1/8 cup | 1/4 cup | 1/2 cup | Peas | Corn | Sliced Carrots | Green Beans | Mixed Vegetables |
| | Fruit | 1/8 cup | 1/4 cup | 1/4 cup | Mandarin Oranges | Tropical Fruit | Pineapple Tidbits | Applesauce | Mixed Fruit |
| | Grain | 1/2 oz eq2 | 1/2 oz eq2 | 1 oz eq2 | WG Dinner Roll | WG Bread & Butter | WG Bread & Butter | WG Tortilla | WG Elbow Pasta |
| PM Snack** | Milk | 1/2 cup | 1/2 cup | 1 cup | | | | | |
| | Meat/Meat Alternates | 1/2 oz | 1/2 oz | 1 oz | | | String Cheese | | |
| | Vegetable | 1/2 cup | 1/2 cup | 3/4 cup | | | | | |
| | Fruit | 1/2 cup | 1/2 cup | 3/4 cup | 100% Fruit Punch Juice | 100% White Grape Juice | | 100% Peach Mango Juice | 100% Cherry Juice |
| | Grain | 1/2 oz eq2 | 1/2 oz eq2 | 1 oz eq2 | Cheez It's | Pretzels*12 mos crackers | Club Crackers | Bagel w/Butter or Jelly | Strawberry Chex Mix |

This institution is an equal opportunity provider. Select 2 of the 5 components for snack. Cereal, 24mos & under Cheerios, Rice Krispies, Cinnamon Toast, Rice Chex, & Kix. Cereal 36mos & older Cheerios, Rice Krispies, Cinnamon Toast, Rice Chex, Kix, & Corn Flakes. Meat & Meat Alternates may be used to substitute, the entire grains component a maximum of 3 times per week. Oz eq =ounces equivalent.



North Canton YMCA Child Development Center

CACFP Menu for Children: Week of June 23-27

*The following major food allergens are used as ingredients: Milk, Egg, Fish, Wheat, Soy, and Sesame. Please speak to one of our staff for more information about these ingredients.

| Menu | Component | Ages 1-2 | Ages 3-5 | Ages 6-18 | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------|----------------------|------------|------------|-----------|------------------------|----------------------------------|--------------------------|-------------------|------------------------|
| AM Snack** | Milk | 1/2 cup | 1/2 cup | 1 cup | Milk | | | Milk | Milk |
| | Meat/Meat Alternates | 1/2 oz | 1/2 oz | 1 oz | | | Strawberry Banana Yogurt | | |
| | Vegetable | 1/2 cup | 1/2 cup | 3/4 cup | | | | | |
| | Fruit | 1/2 cup | 1/2 cup | 3/4 cup | | | | | |
| | Grain | 1/2 oz eq2 | 1/2 oz eq2 | 1 oz eq2 | Cold Cereal | Cold Cereal | | Cold Cereal | Cold Cereal |
| Lunch | Milk | 1/2 cup | 3/4 cup | 1 cup | Milk | Milk | Milk | Milk | Milk |
| | Meat/Meat Alternates | 1 oz | 1.5 oz | 2 oz | Turkey Hotdog | Pancake Sausage Wrap & Egg Patty | Fish Patty | Chicken Tenders | Hamburger |
| | Vegetable | 1/8 cup | 1/4 cup | 1/2 cup | Baked Beans | Sliced Carrots | Green Beans | Peas | Mixed Vegetables |
| | Fruit | 1/8 cup | 1/4 cup | 1/4 cup | Tropical Fruit | Pineapple Tidbits | Applesauce | Diced Peaches | Mixed Fruit |
| | Grain | 1/2 oz eq2 | 1/2 oz eq2 | 1 oz eq2 | WG Hotdog Bun | WG Pancake | WG Hamburger Bun | WG Bread & Butter | WG Hamburger Bun |
| PM Snack** | Milk | 1/2 cup | 1/2 cup | 1 cup | | | | | |
| | Meat/Meat Alternates | 1/2 oz | 1/2 oz | 1 oz | | | String Cheese | | |
| | Vegetable | 1/2 cup | 1/2 cup | 3/4 cup | | | | | |
| | Fruit | 1/2 cup | 1/2 cup | 3/4 cup | 100% Fruit Punch Juice | 100% Raspberry Orange Juice | | 100% Cherry Juice | 100% Peach Mango Juice |
| | Grain | 1/2 oz eq2 | 1/2 oz eq2 | 1 oz eq2 | Cheez It's | Strawberry Chex Mix | Club Crackers | Blueberry Muffin | Carmel Mini Rice Chex |

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North Canton YMCA Child Development Center

CACFP Menu for Children: Week of June 30

*The following major food allergens are used as ingredients: Milk, Egg, Fish, Wheat, Soy, and Sesame. Please speak to one of our staff for more information about these ingredients.

| Menu | Component | Ages 1-2 | Ages 3-5 | Ages 6-18 | Monday | | | | |
|------------|----------------------|------------|------------|-----------|------------------------|--|--|--|--|
| AM Snack** | Milk | 1/2 cup | 1/2 cup | 1 cup | Milk | | | | |
| | Meat/Meat Alternates | 1/2 oz | 1/2 oz | 1 oz | | | | | |
| | Vegetable | 1/2 cup | 1/2 cup | 3/4 cup | | | | | |
| | Fruit | 1/2 cup | 1/2 cup | 3/4 cup | | | | | |
| | Grain | 1/2 oz eq2 | 1/2 oz eq2 | 1 oz eq2 | Cold Cereal | | | | |
| Lunch | Milk | 1/2 cup | 3/4 cup | 1 cup | Milk | | | | |
| | Meat/Meat Alternates | 1 oz | 1.5 oz | 2 oz | Chicken Patty Sandwich | | | | |
| | Vegetable | 1/8 cup | 1/4 cup | 1/2 cup | Green Beans | | | | |
| | Fruit | 1/8 cup | 1/4 cup | 1/4 cup | Pineapple Tidbits | | | | |
| | Grain | 1/2 oz eq2 | 1/2 oz eq2 | 1 oz eq2 | WG Hamburger Bun | | | | |
| PM Snack** | Milk | 1/2 cup | 1/2 cup | 1 cup | | | | | |
| | Meat/Meat Alternates | 1/2 oz | 1/2 oz | 1 oz | | | | | |
| | Vegetable | 1/2 cup | 1/2 cup | 3/4 cup | | | | | |
| | Fruit | 1/2 cup | 1/2 cup | 3/4 cup | 100% Apple Juice | | | | |
| | Grain | 1/2 oz eq2 | 1/2 oz eq2 | 1 oz eq2 | Cheddar Chex Mix | | | | |

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