# GYMNASTICS CENTER 2025-26 SCHOOL YEAR PROGRAMS

#### Schedule

#### Pricing

2025-2026 School Year Session

August 18 2025 - May 23, 2026

All classes held at Gymnastics Center, 7241 Whipple NW, 44720

- · 30 minute class: Members: \$47/mo., Non-Members: \$63/mo.
- · 40 minute class: Members: \$57/mo., Non-Members: \$85/mo.
- · 55 minute class: Members: \$62/mo., Non-Members: \$89/mo.

#### Pricing for Saturday Classes. Prorated for Gym Center special events.

- · 30 minute class: Members: \$40/mo., Non-Members: \$53/mo.
- · 40 minute class: Members: \$48/mo., Non-Members: \$72/mo.
- · 55 minute class: Members: \$52/mo., Non-Members: \$75/mo.

Pending staff availability, we will be opening the following classes. Registrations can be done online at ymcastark.org or by calling the Gymnastics Center at 330-498-4082 with any questions.

#### **GYMNASTICS**

#### Classes held at Gymnastics Center, 7241 Whipple NW, 44720

| Open Gym                                                                                                                                         | Age                  | Monday  | Tuesday | Wednesday                                                                             | Thursday | Friday  | Saturday |  |
|--------------------------------------------------------------------------------------------------------------------------------------------------|----------------------|---------|---------|---------------------------------------------------------------------------------------|----------|---------|----------|--|
| <b>Toddler Open Gym</b> With parent. 1 hour, \$5 for Members, \$10 Non-Members.                                                                  | Walking<br>to 5 yrs. | 11:15am | 11:15am | Punch cards available.  Members: \$50 for 11 visits.  Non-Members: \$50 for 6 visits. |          |         |          |  |
| Sensory Friendly Open Gym  1 hour with parent/caregiver to enjoy a quiet, sensory friendly gymnastics experience.  \$5 members, \$10 Non-Members | Walking<br>to 5 yrs. |         |         |                                                                                       |          | 12:00pm |          |  |

| Parent Participation      | <b>n</b> Age         | Monday  | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------------------------|----------------------|---------|---------|-----------|----------|--------|----------|
| Just Beginning<br>30 min. | Walking<br>to 2 yrs. | 10:30am |         |           | 9:45am   | 6:10pm | 8:10am   |
| Gym Buddies<br>40 min.    | 2 yrs<br>3yrs.       | 9:45am  | 10:30am | 9:45am    | 11:15am  | 6:45pm | 8:45am   |

| Preschool Gymnastics          | Age | Monday           | Tuesday                     | Wednesday                                       | Thursday                    | Friday                                           | Saturday                                |
|-------------------------------|-----|------------------|-----------------------------|-------------------------------------------------|-----------------------------|--------------------------------------------------|-----------------------------------------|
| 3 Year Olds<br>40 min.        | 3   | 9:45am<br>4:30pm | 9:45am<br>12:30pm<br>5:15pm | 9:45am<br>4:15pm<br>5:00pm                      | 10:30am<br>5:30pm           | 9:45am<br>10:30am<br>11:15am<br>4:30pm<br>5:15pm | 9:40am<br>11:10am                       |
| 4 Year Olds<br>40 min.        | 4   | 10:30am          | 9:45am<br>4:30pm<br>6:45pm  | 10:30am<br>4:15pm<br>5:00pm<br>6:30pm<br>7:15pm | 9:45am<br>11:15am<br>6:15pm | 9:45am<br>11:15am<br>4:30pm<br>5:15pm            | 10:25am<br>11:55am                      |
| <b>5 Year Olds</b><br>40 min. | 5   | 5:15pm           | 10:30am<br>6:00pm           | 10:30am<br>6:30pm<br>7:15pm                     | 10:30am<br>6:15pm<br>7:00pm | 10:30am<br>4:30pm<br>5:15pm                      | 9:40am<br>10:25am<br>11:10am<br>11:55am |

| Boys Gymnastics       | Age | Monday           | Tuesday | Wednesday        | Thursday | Friday           | Saturday |
|-----------------------|-----|------------------|---------|------------------|----------|------------------|----------|
| Boys 5 Year Old       | 5   |                  |         | 4:15pm<br>5:00pm | 6:30pm   | 4:30pm<br>5:15pm |          |
| Boys 1<br>55 min.     | 6+  | 5:15pm<br>7:00pm | 4:30pm  |                  | 7:30pm   |                  |          |
| <b>Boys 2</b> 55 min. | 6+  |                  | 5:30pm  |                  | 5:30pm   |                  |          |
| Boys 3/4<br>55 min.   | 6+  |                  | 6:30pm  |                  |          |                  |          |

| Girls Gymnastics       | Age | Monday                               | Tuesday                    | Wednesday                  | Thursday         | Friday | Saturday                     |
|------------------------|-----|--------------------------------------|----------------------------|----------------------------|------------------|--------|------------------------------|
| Girls 1<br>55 min.     | 6+  | 4:30pm<br>5:30pm<br>6:30pm<br>7:30pm | 4:30pm<br>6:30pm           | 5:00pm<br>6:30pm<br>7:30pm | 5:30pm           |        | 9:40am<br>10:40am<br>11:40am |
| Girls 2<br>55 min.     | 6+  | 4:30pm<br>5:30pm<br>7:30pm           | 4:30pm<br>5:30pm<br>7:30pm | 6:30pm                     | 4:30pm<br>6:30pm |        | 9:40am<br>10:40am<br>11:40am |
| Girls 3<br>55 min.     | 6+  | 6:30pm<br>7:30pm                     | 5:30pm<br>6:30pm<br>7:30pm | 7:30pm                     | 4:30pm<br>7:30pm |        | 9:40am<br>11:40am            |
| <b>Girls 4</b> 55 min. | 6+  | 4:30pm                               | 5:30pm<br>7:30pm           |                            | 5:30pm           |        | 10:40am<br>11:40am           |
| <b>Girls 5</b> 55 min. | 6+  | 5:30pm                               | 5:30pm<br>7:30pm           |                            | 7:30pm           |        |                              |
| Rec Squad<br>55 min.   | 11+ | 7:30pm                               | 6:30pm                     | 6:30pm                     |                  |        | 10:40am                      |

| Skills Gymnastics                 | Age | Monday           | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------------------------------|-----|------------------|---------|-----------|----------|--------|----------|
| Tumbling Girls 1/2 40 min.        | 6+  | 4:30pm           |         |           |          | 4:30pm |          |
| Tumbling Girls 3/4 40 min.        | 6+  |                  |         |           |          | 5:15pm |          |
| Tumbling Girls 5/PT 40 min.       | 6+  |                  | 4:30pm  |           |          |        |          |
| Advanced Tumbling<br>55 min.      | 6+  | 6:15pm           |         |           |          |        |          |
| Rec Tumbling<br>55 min.           | 11+ | 5:15pm           |         |           |          |        |          |
| Dudes that Flip<br>40 min.        | 7+  | 4:30pm<br>6:15pm |         |           |          |        |          |
| Bar Skills<br>Girls only: 30 min. | 6+  |                  |         |           |          |        |          |
| Jump Rope<br>40 min.              | 6+  |                  |         |           |          |        |          |

| Team Gymnastics                        | Price                                               | Monday                                                                       | Tuesday       | Wednesday | Thursday      | Friday | Saturday      |  |  |  |  |
|----------------------------------------|-----------------------------------------------------|------------------------------------------------------------------------------|---------------|-----------|---------------|--------|---------------|--|--|--|--|
| Boys Pre-Team<br>90 min. 2 x per week  | Members:<br>\$100/mo.<br>Participants:<br>\$133/mo. |                                                                              | 4:00pm-5:30pm |           |               |        | 2:00pm-3:30pm |  |  |  |  |
| Girls Pre-Team<br>90 min. 2 x per week | Members:<br>\$100/mo.<br>Participants:<br>\$133/mo. |                                                                              |               |           | 4:00pm-5:30pm |        | 2:00pm-3:30pm |  |  |  |  |
| Rec Team<br>90 min., 2 x per week      | Members:<br>\$100/mo.<br>Participants:<br>\$133/mo. |                                                                              |               |           | 4:00pm-5:30pm |        | 4:00pm-5:30pm |  |  |  |  |
| Competitive Team                       |                                                     | ompetitive team of Level 2–10 and Xcel. Boys competitive team of Level 3–10. |               |           |               |        |               |  |  |  |  |

Levels 2-10 & Xcel Please call the Gymnastics Center office at 330-498-4082 with any comp. team inquiries or questions.

## **YOGA**

#### Classes held at Gymnastics Center, 7241 Whipple NW, 44720

|                          | Age  | Member | Program<br>Participants | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------------------------|------|--------|-------------------------|--------|---------|-----------|----------|--------|----------|
| Mom & Me Yoga<br>30 min. | 3-18 | \$40   | \$53                    |        |         |           |          |        | 12:00pm  |

## **DANCE**

#### Classes held at Gymnastics Center, 7241 Whipple NW, 44720

|                                         | Age | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------------------------------------|-----|--------|---------|-----------|----------|--------|----------|
| Dance Buddies<br>30 min.                | 1-2 |        |         |           |          |        | 8:30am   |
| Preschool Ballet<br>40 min.             | 3-5 | 5:15pm |         |           | 5:15pm   | 5:15pm | 9:15am   |
| Preschool Gym/Dance combo<br>55 min.    | 3-5 |        |         |           | 4:15pm   | 4:15pm | 10:00am  |
| Preschool Jazz<br>40 min.               | 3-5 |        |         |           |          |        |          |
| Preschool Tap<br>40 min.                | 3-5 | 4:30pm |         |           |          |        |          |
| Preschool Hip Hop<br>40 min.            | 3-5 |        | 5:15pm  |           |          |        |          |
| <b>Tap</b> 40 min.                      | 6+  | 6:00pm |         |           |          |        |          |
| Jazz<br>40 min.                         | 6+  |        |         |           |          | 6:00pm |          |
| <b>Ballet 1</b> (Beginner) 40 min.      | 6+  | 6:45pm |         |           | 6:00pm   |        | 11:00am  |
| <b>Ballet 2</b> (Intermediate) 55 min.  | 6+  |        |         | 6:00pm    |          |        |          |
| <b>Ballet 3</b> (Advanced) 55 min.      | 6+  |        |         |           | 6:45pm   |        |          |
| Youth Lyrical<br>40 min.                | 6+  |        |         | 4:30pm    |          |        |          |
| <b>Hip Hop 1</b> (Beginner) 40 min.     | 6+  |        | 6:00pm  |           |          |        |          |
| <b>Hip Hop 2</b> (Intermediate) 40 min. | 6+  |        | 6:45pm  |           |          |        |          |

# ACRO

#### Classes held at Gymnastics Center, 7241 Whipple NW, 44720

|                                                   | Age | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------------------------------------------------|-----|--------|---------|-----------|----------|--------|----------|
| Beginner Acro<br>40 min.                          | 6+  |        |         | 5:15pm    |          |        |          |
| Advanced Acro 55 min. (Coach recommendation only) | 6+  |        |         |           |          | 6:45pm |          |

## **ADULT CLASSES**

#### Classes held at Gymnastics Center, 7241 Whipple NW, 44720

|                                                 | Age | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------------------------------------------|-----|--------|---------|-----------|----------|--------|----------|
| Adult Dance<br>55 min.                          | 18+ |        |         | 7:00pm    |          |        |          |
| Adult Gymnastics<br>90 min. Pay per class: \$20 | 18+ |        |         |           |          | 7:00pm |          |